

# THE JR. NIGHTHAWK REPORT

## INSIDE THIS ISSUE:

4 <sup>th</sup> Annual Crab Feed	1
NJN Award Luncheon	1
Cheer Competition	1
Equipment Returns	1
Natomas Bowl Cancelled	1
Dates to Remember	1
2010 Board Positions Avail.	2
2010 Coaches wanted	2
Natomas Youth Track Club	2
Team D.E.S.T.I.N.Y	2

## DATES TO REMEMBER....

- **Grid Iron Tournament in Roseville on 11/21/09-11/24/09.**
- **NJN Award Luncheon on Dec. 5<sup>th</sup> between 11am-2pm at H. Allen Hight Elementary.**
- **Crab Feed on February 6<sup>th</sup> at 6pm at St. Francis of Assisi Church.**

## NJN 4<sup>th</sup> Annual Crab Feed

Saturday, February 6th, 2010 at 6:00 p.m.  
St. Francis of Assisi Church  
(29th & K Street/Inside Courtyard)

Enjoy: Mouth watering hot and cold  
Dungeness crab, shrimp, anti pasta, salad,  
rolls, pasta, soft drink or water, dessert, &  
dancing!

Chicken also available!  
We Provide: Lemon, Butter, & Cocktail  
Sauce

No Host Bar: Beer, Wine, & Spirits

Raffles, DJ, Dancing, Great Food &  
Drinks...Come & Join Us!

Proceeds benefit the boys & girls of the  
Jr. Nighthawks organization.

Adult Tickets \$40.00 each  
Children Tickets \$20.00 each

Reserve your tickets today by calling  
(916) 690-1667

## Award Luncheon

The end of the year award luncheon will be held on Dec. 5<sup>th</sup> at H. Allen Hight from 11am to 2pm. Please join us to honor our players, cheerleaders, coaches and staff for all of their hard work and commitment during the 2009 season. This is a free event for all.

## Equipment Returns on 11/22

Our Equipment Manager, will be collecting equipment on at Robertson Park on Saturday November 21<sup>st</sup> from 10am to 2pm. Please make sure to return all gear including home and away jerseys, pants, pads, helmet, and shoulder pads. Please wash jerseys, pants, and girdle before turning them in. Equipment for Jr. Pee Wees and Jr. Midgets will be collected immediately after the Gridiron Tournament has ended.

## Cheer Competition

Congratulations to all of our cheerleaders for such an awesome job at competition! Each routine was absolutely amazing and unique! Our Mighty Mite's placed 2<sup>nd</sup>, our Jr. Pee Wees placed 3<sup>rd</sup> and our Jr. Midgets placed 4<sup>th</sup>! Way to go Nighthawks!!!

## Natomas Bowl Cancelled

The Natomas Bowl scheduled for November 22 has been cancelled, bringing an end to the football seasons of the Tiny Mites, Mighty Mites, Pee Wees, and Midget teams. We'd like to thank all of our players and parents for such a successful and fun filled season!

## THE NIGHTHAWK REPORT

### **2010 Board of Directors Positions**

As you know, our organization is volunteer ran. This means people like you are needed to keep this awesome program going for the benefit of the children! The following Board of Directors positions are available for the 2010 season. If you are interested in applying, please see a board member for an application.

Open Positions:

Vice President  
Treasurer  
Athletic Director  
Assistant Cheer Coordinator  
Cheer Uniform Coordinator  
Booster Coordinator

### **Coaches Wanted for 2010 NJN Season**

Do you love interacting with children? Are you passionate about making a difference in the lives of today's youth? Then the Natomas Jr. Nighthawks are looking for you!!

We are looking for coaches and instructors for football and cheer for the 2010 season. If you are interested please visit our website at [www.jrnighthawks.org](http://www.jrnighthawks.org) to download and submit an application.

For more information please contact our President Migdalia Wade at [president@jrnighthawks.org](mailto:president@jrnighthawks.org) or our Cheer Coordinator Vanita Davis-Morris at [cheercoordinator@jrnighthawks.org](mailto:cheercoordinator@jrnighthawks.org).

### **Natomas Youth Track Club**

The Natomas Youth Track Club (NYTC) is a Track & Field program for boys and girls in Natomas and surrounding communities. Our goal is to use track and field as a platform for developing accountable, confident, and disciplined young men and women.

NYTC athletes learn that hard work, dedication, and persistence are necessary for individual performance improvement and that encouragement, moral support, and accountability are essential to the success of the team.

Team members can choose to compete in a variety of track and or field events. The track events range from sprints, middle distance, and long distance and fields events include discuss, javelin, and shot put. NYTC is affiliated with both [AAU Track and Field](#) and [USA Track and Field](#) (USATF).

Practice will begin in February 2010 at Natomas High School. For more information please contact Migdalia Wade at [mwade@natomasyouthtrack.org](mailto:mwade@natomasyouthtrack.org).

If you are interested in being a NYTC coach please visit our website: [www.natomasyouthtrack.org](http://www.natomasyouthtrack.org) and download an application.

For more information please visit our website or call 916-690-1667

### **TEAM D.E.S.T.I.N.Y**

We are excited to announce the launch of Team D.E.S.T.I.N.Y., Natomas Jr. Nighthawks character development program!

Team D.E.S.T.I.N.Y. is open to all NJN football players and cheerleaders and the program focuses on four core areas: Domestic Accountability, Educational Success, Team Involvement, and Neighborhood Engaged Youth.

If you would like to become a member of Team D.E.S.T.I.N.Y. please send an e-mail to Cornel Wade at [cornelwade@sbcglobal.net](mailto:cornelwade@sbcglobal.net) to indicate your interest.

Watch your Thoughts, for they become your *Words*...

Watch your Words, for they become your *Actions*.....

Watch your Actions, for they become your *Habits*.....

Watch your Habits, for they become your *Character*....

Watch your Character, for it becomes your *DESTINY*

If you have any questions please send your inquiry to [info@jrnighthawks.org](mailto:info@jrnighthawks.org)